* THE HOME, ITS PROBLEMS AND ITS INTERESTS .*





A TIMELY LITTLE TALK ON GOOD WINTER VEGETABLES

Few Green Vegetables Contain Much Nourishment, But They Provide a Very Necessary Variety.

By CORNELIA C. BEDFORD.

There are few green vegetables which contain much nourishment, yet they prove a needed adjunct to our tables because, by their aid, we can make a proper combination with more concen-rated foods and at the same time give mportant points in household knowledge to understand how to combine foods such ways as to afford the proper ourishment for the daily needs of the day without in such ways as to afford the proper nourishment for the daily needs of the body; without such knowledge a mother way set a seemingly good table, yet it may be deficient in some one element important to childish growth or mature.

may set a seemingly good table, yet it may be deficient in some one element important to childish growth or mature sustenance.

Foods are divided into two classes— nitrogenous, or those containing much ritrogen to feed and repair muscles and tissues, and non-nitrogenous, or those wholly lacking in this valuable element. To the latter class belong those foods which usually contain fats or starches, supplying heat and force. It is in the class of non-nitrogenous foods taken from the soil.

Potatoes Occupy Prominent Place.

A product of the last few centuries, potatoes today occupy a prominent place among vegetables. They consist largely if resembles a green turnip. It is boiled diced, and served in the same

BRIDAL VEILS ARE DRAPED

SIMPLY IN TWO DIFFERENT WAYS

When the Hair Is Done Low the Tulle Is So Arranged as to Show Coiffure, Cap Effect, With Hair High

While the bridal veil with its foamy billows of pure white tulle ought always and below the bride's appearance, and the bride's appearance, and the reason why it sometimes doesn't be cause it usually is improperly draped.

While the bride's appearance, and the reason why it sometimes doesn't is because it usually is improperly draped.

That Shaped Wreaths.

That Shaped Wreaths.

The new weaths are made shape of a start base of possible and or agree that is required in tulle.

The sometimes of contracting the condensation of the start base of the ground use of starch and water and need carefully selected water. They should not face of the ground use the condensation of the body. As with all started way as the parson by turning and all proposed of the body. As with all started which is loss to come in the part of the body. As with all started way as the parson by or turning the part of the body. As with all started way as the parson by the possibility salted belief to some nitrogenous food, thus giving a form the proposed of the started which is loss to should therefore be conded in slightly salted belief to some nitrogenous food, thus giving a form the bride's grown and popular of all is swell the reciprose of the body. As with all started way as the parson by the should intogeneous food, thus giving a form the bride's grown and popular of all is swell the required which is loss to admit of the broom of the started which is loss to admit of the parson and popular of all is swell to test them by cooking, as some variety and deavy quickly by some parson and the parson of the started way as the parson of the started which is loss to admit of the parson and part of the parson of the started which is loss to admit of the parson of the started which is loss to admit of the parson of the started which is loss to admit the parson of the started which is loss to admit

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A stylish little black velvet cloak, trimmed with fur. The pleated fullness at the shoulders in the cape and the lower sleeves are of changeable red and green taffeta silk. The same color lines the cloak,

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SLOVENLY FOOTWEAR

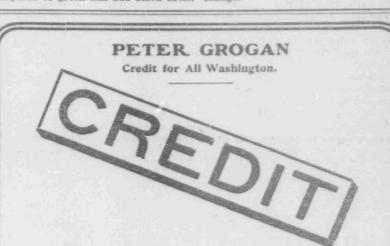
Spoils the Most Elaborate Costume Even on a Rainy Day.

Women pay too little attention to their footwear. Far too often we see a welldressed woman, wearing shoes which are too shabby and old for home let alone wearing them in public. And what will be spoiled by a pair of shabby shoes. The short skirt has done much toward showing this evil, and it is to be hoped that the continued use of the walking skirt will do much toward rem-edying it. Doesn't it seem odd that with the long gowns which milady wears to evening gatherings, those which almost have to be held up in front and which give no glimpse of the feet, she is most particular to put on the pretty patent leather shoes, while with the walking costume, which shows her feet with every step, she considers the old ones "good enough."

And then on a rainy day what sights meet the eye—those wet, sloppy days, when even the walking skirt has to be chooses to wear her oldest shoes. True t is unpleasant to get one's best shoes wet and muddy, but on the other hand wet and muddy, but on the other hand, it is obviously the time when the shoes will be most seen. Why not have a heavy pair of shoes for just such weather? The kind which water and mud will not hurt, and which after the shower, may be polished? The wet and mud is pardonable at the time the shoes are work but is not pardonable on a dry are worn, but is not pardonable on a dry

Men do not wear muddy boots; nor do they often wear those which look shabby for need of a good polish. Why need

li either. They are so uncomfortabl



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LOST JEWELS WORTH \$25,000 ARE RECOVERED

NEW HAVEN, Conn., Oct. 25 .- The

1896, on a charge of poisoning her mother. Mrs. Evelina M. Bliss.
Mr. Shaw was Mrs. Fleming's counsel, and managed a fund of \$80,000 which came into her possession. In the suits brought she alleges misappropriation of a part of the fund.

OPELOUSAS, La., Oct. 25.—Mrs. Daniel Guillory, 100 years old, was kneeling at prayer in the Catholic Church here yesterday when her clothing became ignited from candles burning on the altar. She died in great agony a few minutes later.

MRS. WALTER PARROTT IS DEAD IN ENGLAND

NEW YORK, Oct. 25.-Cable messages \$25,000 worth of jewels which were left in have been received in this city announce a bag on a seat at the Grand Central ing the death of Mrs. Walter Parrott, Station, New York, by Mrs. E. P. Gavit, formerly Miss Annie Howard, daugh-Station. New York, by Mrs. E. P. Gavit, of Albany, have been recovered here.

They were picked up by John Fredericks Hocking, of this city, a New Haven road employe, who was in New York Friday with his mother. It was not until evening that his mother discovered the bag among her own luggage. They sent word to the owner.

FAR AWAY ECHO OF THE BLISS POISONING CASE

TRENTON, N. J., Oct. 25.—Vice Chancellor Bergen has made an order enjoining Mary A. L. Frey from prosecuting a suit in the United States circuit court and another suit in the supreme court of New York against John C. Shaw to recover \$40,299.

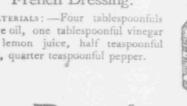
Mrs. Frey, who was formerly 'Mrs.

FIRINNED TO DEATH AT DRAYER.

Mrs. Frey, who was formerly Mrs. BURNED TO DEATH AT PRAYER. Fleming, was tried in New York in May, OPELOUSAS, La., Oct. 25,-Mrs. Dan-

French Dressing.

MATERIALS : - Four tablespoonfuls olive oil, one tablespoonful vinegar or lemon juice, half teaspoonful salt, quarter teaspoonful pepper.



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addition of a tablespoonful of Lea & Perrins' Sauce that no French Dressing should be sent to the table without it.

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